

Effect of Spirituality on Academic Performance a Myth or Reality

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Abstract

Spirituality has been shown to have a favourable impact on academic achievement in numerous research. This tiny study analyses students' attributions of the causes of their academic success or failure across secular and religiously connected universities, finding similar findings. Students who do well blame their lack of spirituality for their poor academic achievement, whereas students who do poorly blame their lack of spirituality for their poor academic performance. There have been many different perspectives on the importance of spirituality in academic success. Some people are vehemently in agreement or adamantly opposed to the topic. Others believe that the importance of spirituality in academics is determined by the level of involvement of the student. Because there hasn't been as much research on the link between spirituality and academic performance as there has been on the link between spirituality and stress, psychology, coping strategies, and stress, these differing viewpoints are prominent.

Keywords

Spirituality, Academic Performance, Spiritual Well Being